

ABCs of Arts and Crafts



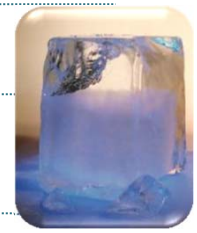
Want a creative outlet but don't know where to start? Take a look at these options; over 100 to choose from!

Email me if I've forgotten your favorite:
exploringyourdepths@gmail.com

- | | | | |
|----------|---|--|--|
| A | <ul style="list-style-type: none"> • acting • altered books | <ul style="list-style-type: none"> • animation • art journaling | <ul style="list-style-type: none"> • assemblage |
| B | <ul style="list-style-type: none"> • baking • ballet | <ul style="list-style-type: none"> • basket-weaving • beading | <ul style="list-style-type: none"> • bonsai-sculpting • brewing |
| C | <ul style="list-style-type: none"> • cake decorating • calligraphy • candle-making • candy-making | <ul style="list-style-type: none"> • cartoon drawing • carving • charcoal drawing • clay sculpture • clock-making | <ul style="list-style-type: none"> • clothing design • collage • cooking • crochet • cross-stitch |
| D | <ul style="list-style-type: none"> • dance • digital art and collage | <ul style="list-style-type: none"> • doll-making • drawing | |
| E | <ul style="list-style-type: none"> • embroidery | <ul style="list-style-type: none"> • engraving | <ul style="list-style-type: none"> • etching |
| F | <ul style="list-style-type: none"> • fabric-dying • fashion | <ul style="list-style-type: none"> • film production • floral arranging | <ul style="list-style-type: none"> • floriculture • found objects |
| G | <ul style="list-style-type: none"> • gardening • glass-blowing | <ul style="list-style-type: none"> • gouache • graffiti | <ul style="list-style-type: none"> • graphic novels |
| H | <ul style="list-style-type: none"> • haberdashery • hair design | <ul style="list-style-type: none"> • hedge-sculpture • herbalism | <ul style="list-style-type: none"> • horticulture |
| I | <ul style="list-style-type: none"> • ice sculpture | | |
| J | <ul style="list-style-type: none"> • jewelry-making | | |
| K | <ul style="list-style-type: none"> • knitting | | |



Try a new medium today!



L

- landscaping
- latch-hook

M

- macramé
- make-up
- metalwork
- miniatures
- mixed-media
- mixology
- mosaic
- multimedia
- mural-painting
- music

N

- needle-felting
- needlepoint



O

- oil-painting
- opera singing
- origami

P

- painting
- papier-mâché
- pastels
- performance art
- photography
- poetry
- pottery



Q

- quilting



R

- recording
- rug-hooking

S

- sand art
- screen-printing
- sculpture
- set design
- sewing
- singing
- sketching
- soap-making
- songwriting
- spinning
- stained glass
- stop-motion animation

T

- textiles

Get creative with your creativity!

U

- urban photography

V

- velvet-painting
- vertical gardening
- voice

W

- watercolors
- waxwork
- weaving
- wine-making
- wire crafts
- woodwork
- writing

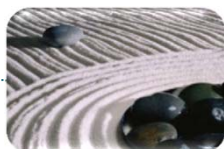


X

- xeriscaping

Y

- yarn crafts
- yodeling



Z

- zen gardening
- zentangle



Want more great information like this ebook?
Check out Exploring Your Depths!



Cathy Carpenter * Exploring Your Depths, LLC

Certified ARTbundance Coach and Practitioner

Tarot Reader and Teacher

Visit ExploringYourDepths.com for:

- * **Blog posts**, published twice per week
- * Weekly **newsletter** sign-up
- * Upcoming **events** and **e-classes**
- * **Free downloads** on topics related to coaching and self-development
- * For-purchase **workbooks**, like "The Art of Self-Examination"

Creativity and Life Coaching

I have four coaching options including a free session.

Free

Free "Depth-Charge" Session, 30-45 minutes.
Set a Depth-Charge to shake things up!

If you are overwhelmed with the change(s) you want to make in your life and aren't sure where to begin



Paid sessions range from \$125-495 and focus on Work-Art balance, creative abundance and vitality, and accountability to make your creative dreams real!

See the [Coaching page](#) on Cathy's website for more information.

Tarot Reading and Classes

Are you confused, frustrated, and seeking answers? Have you over-thought an issue so much that you can't stand to think about it, but you still need to find a solution? Are you looking for outside help, a fresh pair of eyes, to help you work through your issue?

Let's ask my cards to help you with your issue! Book a reading today. Prices range \$25 to \$55.

Cathy also teaches a tele-class series, "Find Yourself in the Cards", based on the tarot archetypes of the major arcana. See [her site](#) for more information.

- * Fooling Around * Magician Ignition * High Priestess Secrets * Empress Yourself * Emperor Treasure *
- * Hierophant for Hire * Lovers Lane * Chariot of Fire * Strength Training * Hermit Haven *

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