

# ABCs of Service



Would you like to do a service project but don't know where to start? Take a look at these options; 40 so far to choose from!

Email me if I've forgotten your favorite:  
[exploringyourdepths@gmail.com](mailto:exploringyourdepths@gmail.com)

- # • 5k race benefiting a charity
- A • After-school projects
- B • Bake sale  
• Blanket drive for the winter
- C • Chess or checkers partner for the elderly/disabled  
• Coat drive for the winter  
• Conversation partner for immigrants  
• Craft teacher for school or scouts  
• Crossing guard for an elementary school
- D • Drive elderly/disabled people to errands
- E • Educate others on your favorite causes
- F • Food drive
- G • Garden for an elderly/disabled neighbor
- H • Hold babies at a special care facility  
• Host a fundraising dinner or event
- I • Information booth at an event
- J • Join or start a local community service organization
- K • Knit or crochet cancer caps
- L • Listen to stories of the elderly or homeless
- M • Matching financial gifts at your workplace  
• Mentor someone
- N • Nurse patients as a candy striper
- O • Office work for a non-profit  
• Open your home to a foster child or pet
- P • Play an instrument at a special care facility
- Q • Quilt a scrap blanket to donate
- R • Reading to elderly or visually impaired  
• Reading tutor  
• Repair/rebuild nature trails at a park
- S • Sing at a care facility  
• Sock drive  
• Soup kitchen  
• Supply drive
- T • Teach a skill to kids or homeless
- U • Uplift people around you with smile
- V • Voter registration drive
- W • Walk dogs at a shelter or for elderly/disabled neighbors  
• Write letters to overseas military
- Y • Youth art or service programs

Want more great information like this ebook?  
Check out Exploring Your Depths!



**Cathy Carpenter \* Exploring Your Depths, LLC**

*Certified ARTbundance Coach and Practitioner*

*Tarot Reader and Teacher*

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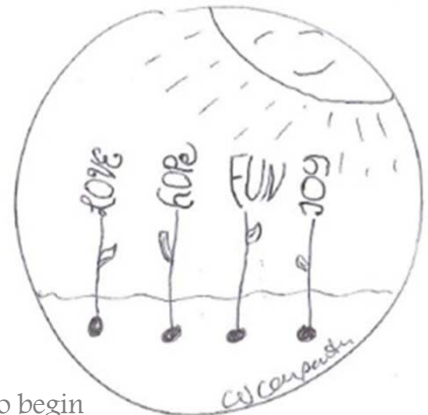
### Creativity and Life Coaching

I have four coaching options including a free session.

Free

**Free "Depth-Charge" Session**, 30-45 minutes.  
Set a Depth-Charge to shake things up!

If you are overwhelmed with the change(s) you want to make in your life and aren't sure where to begin



Paid sessions range from \$125-495 and focus on Work-Art balance, creative abundance and vitality, and accountability to make your creative dreams real!

See the [Coaching page](#) on Cathy's website for more information.

### Tarot Reading and Classes

Are you confused, frustrated, and seeking answers? Have you over-thought an issue so much that you can't stand to think about it, but you still need to find a solution? Are you looking for outside help, a fresh pair of eyes, to help you work through your issue?

Let's ask my cards to help you with your issue! Book a reading today. Prices range \$25 to \$55.

Cathy also teaches a tele-class series, "Find Yourself in the Cards", based on the tarot archetypes of the major arcana. See [her site](#) for more information.

- \* Fooling Around \* Magician Ignition \* High Priestess Secrets \* Empress Yourself \* Emperor Treasure \*
- \* Hierophant for Hire \* Lovers Lane \* Chariot of Fire \* Strength Training \* Hermit Haven \*

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*Cathy Carpenter, Exploring Your Depths, LLC, [exploringyourdepths.com](http://exploringyourdepths.com)*

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